

\$22 LUNCH SPECIAL

Available Tuesday - Saturday 12pm - 2:30pm

(Not available public holidays)

T-BONE STEAK
CHICKEN PARMIGIANA

ROAST OF THE DAY

PIE OF THE DAY

FISH & CHIPS (GRILLED OR BEER BATTERED)

BAKED SWORDFISH W/ OLIVE SALSA

CHEF'S CURRY W/ RICE, SALAD & PAPADUMS

WAGYU BEEF & BACON BURGER

ITALIAN STYLE CHICKEN

served with rocket in toasted Turkish bread

CHICKEN SCALLOPINI

BANGERS AND MASH W/ ONION GRAVY

LAMB SHANK WITH MASH & VEGGIES

MOROCCAN LAMB FILLET

served on cous cous

STEAK SANDWICH

w/ the lot - egg, bacon, cheese & chilli jam

CAESAR SALAD

w/ egg, bacon & croutons

THAI GREEN SALAD

w/ mango & peanuts

ROAST PUMPKIN SALAD

w/ rocket, feta, pine nuts & balsamic dressing

GREEK SALAD

w/ lettuce, tomato, cucumber, onion, feta & olives

POWER BOWL (VEGAN)

w/ walnuts, quinoa, avocado & miso sesame dressing

CHOOSE ONE OF THE FOLLOWING TO ADD TO ANY SALAD:

asian beef/ grilled chicken/ smoked salmon/ prawns/
grilled or fried calamari/ falafel/ lamb fillet



SPRINGVALERSL.COM.AU

03 9548 4155

