



MAIN MENU



[SPRINGVALERSL.COM.AU](http://springvalersl.com.au)

03 9548 4155



STARTERS

SOUP OF THE DAY	6
CHEESY GARLIC BREAD	8
POTATO WEDGES	9
add bacon & cheese for \$3	
GARLIC & SPRING ONION PIZZA	10
PRAWN DUMPLINGS	11
SATAY CHICKEN SKEWERS	11
MINI ARANCINI	12
mushroom, spinach & mozzarella	
OYSTERS	½ DOZ. 20 DOZ. 40
natural/ kilpatrick/ mornay	

SALADS \$24 each

CHOOSE YOUR SALAD:

CAESAR SALAD	
w/ egg, bacon & croutons	
THAI GREEN SALAD	
w/ mango & peanuts	
GREEK SALAD	
w/ lettuce, tomato, cucumber, fetta & olives	
POWER BOWL	
w/ walnuts, quinoa, avocado & miso sesame dressing	
ROAST PUMPKIN SALAD	
w/ rocket, fetta, walnuts & balsamic dressing	

THEN CHOOSE ONE OF THE FOLLOWING:

Asian beef/ grilled chicken/ prawns/
grilled calamari/ fried calamari/ falafel/
smoked salmon

MAINS

ROAST OF THE DAY	22
CURRY OF THE DAY	22
PIE OF THE DAY	22
LAMBS FRY & BACON	20
BANGERS W/MASH & VEG	22
CHICKEN SCHNITZEL	22
CHICKEN PARMIGIANA	24
traditional/ hawaiian/ mexican	
FISH & CHIPS	24
grilled/ beer battered	
FRIED CALAMARI RINGS	24
GARLIC PRAWNS W/ RICE	25
STIR FRY BEEF & PRAWNS	26
GRILLED SALMON	26
served with mash & veg	
FRIED RICE	22
w/ bbq pork & shrimp	
SWEET & SOUR PORK W/ FRIED RICE	24
SINGAPORE NOODLES	23
w/chicken & shrimp	
CHICKEN SCALLOPINI	23
w/ creamy mushroom sauce	
SATAY CHICKEN W/ STEAMED RICE	23
SPAGHETTI BOLOGNESE	21
LINGUINI MARINARA	27
WAGYU BEEF & BACON BURGER	22
GRILLED CHICKEN BURGER	23
w/ avocado & bacon	
STEAK SANDWICH	24
w/ the lot- egg, bacon, cheese & chilli jam	
ASIAN PORK CHOPS	24
w/ rice, fried egg and salad	

FROM THE PADDOCK

LAMB SHANKS	29
500 GRAM RUMP	29
350 GRAM CLUB T-BONE	28
300 GRAM PORTERHOUSE	30
400 GRAM RIB EYE	33
300 GRAM EYE FILLET	38

ADD GARLIC PRAWNS TO ANY STEAK 8

All steaks served with your choice of
sauce & sides

DESSERTS

FRUIT SALAD	8
CRÈME BRÛLÉE	8
BANANA FRITTER	8
STICKY DATE PUDDING	8
ICE CREAM SUNDAE	8

Assorted cakes available- ask staff for
daily specials

VEGETARIAN

(Vegan available on request)

VEGGIE BURGER	20
ROASTED VEGETABLE SALAD	21
w/ falafel	
STEAMED SILKEN TOFU	21
w/ veg fried rice, egg optional	
EGGPLANT PARMA	23
GRILLED VEGETABLE STACK	20
served on crispy pastry	

SENIORS

LAMB SHANK	22
PORTERHOUSE STEAK	22
ROAST OF THE DAY	17
CURRY OF THE DAY	17
PIE OF THE DAY	17
LAMBS FRY & BACON	17
BANGERS & MASH	17
CHICKEN SCHNITZEL	17
CHICKEN PARMIGIANA	17
FISH & CHIPS	17
grilled/ beer battered	
FRIED SEAFOOD BASKET	17
FRIED RICE	17
w/ bbq pork & shrimp	
SINGAPORE NOODLES	17
chicken & shrimp	
CHICKEN SCALLOPINI	17
w/ creamy mushroom sauce	
SATAY CHICKEN W/ STEAMED RICE	17
SPAGHETTI BOLOGNESE	17
add a senior soup or dessert for \$3 each	

SENIOR'S CARD MUST BE
PRESENTED WHEN ORDERING
SENIOR'S MEALS

KIDS

NUGGETS & CHIPS	11
FISH & CHIPS	11
SPAGHETTI BOLOGNESE	11

PRESENT YOUR MEMBERSHIP CARD TO RECEIVE 10% OFF ANY MAIN MEAL PURCHASED