

# **\$20 MONDAY NIGHT MEMBERS BAR SPECIAL**

**Available Monday nights 6pm - 8:30pm**

*(Not available public holidays)*

**LAMB SHANK WITH MASH & VEGGIES**

**CLUB T-BONE STEAK**

**CHICKEN PARMIGIANA**

**ROAST OF THE DAY**

**PIE OF THE DAY**

**FISH & CHIPS (GRILLED OR BEER BATTERED)**

**CHEF'S CURRY W/ RICE, SALAD & PAPADUMS**

**WAGYU BEEF & BACON BURGER**

**ITALIAN STYLE CHICKEN**

Served with rocket in toasted Turkish bread

**CHICKEN SCALLOPINI**

**BANGERS AND MASH W/ONION GRAVY**

**MOROCCAN LAMB FILLET**

Served on Cous Cous

**STEAK SANDWICH**

W/ The Lot- Egg, Bacon, Cheese & Chilli Jam

**CAESAR SALAD**

W/ Egg, Bacon & Croutons

**THAI GREEN SALAD**

W/ Mango & Peanuts

**ROAST PUMPKIN SALAD**

W/ Rocket, Fetta, Walnuts & Balsamic Dressing

**GREEK SALAD**

W/ Lettuce, Tomato, Cucumber, Onion, Fetta & Olives

**POWER BOWL (VEGAN)**

W/ Walnuts, Quinoa, Avocado & Miso Sesame Dressing

**CHOOSE ONE OF THE FOLLOWING TO ADD TO ANY SALAD:**

Asian beef/ grilled chicken/ prawns/ grilled calamari/  
fried calamari/ falafel/ smoked salmon



**SPRINGVALERSL.COM.AU**

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